

Pilates Glow Classical Comprehensive Teacher Training & Mentorship Program



Applicant Information

Full Name: _____ Date: _____
Last First M.I.

Address: _____
Street Address Apartment/Unit #

City State ZIP Code

Phone: _____ Email _____

Do you have any previous Pilates experience? Yes or No

If yes, with who(m) and what studio(s)? _____

How long have you been practicing Pilates for? _____

Do you have knowledge of the Beginner Pilates exercises? Yes or No

Are you looking for a job as soon as you graduate? Yes or No

Do you want to work for Pilates Glow? Yes or No

Do you want to start your own business? Yes or No

Are you able to commit to at least 12hrs/week to the training? Yes or No

If no, how many hours a week are you able to commit to? _____

Do you have a good support system at home to complete this training? Yes or No

Are you aware that this training will take 12-18 months? Yes or No

How did you hear about our training? _____

Training

This training program will consist of three long weekends with the dates and times that follow:

January 28th, 29th, 30th

May 13th, 14th, 15th

September 16th, 17th, 18th

Fridays will focus on the mat portion and anatomy and physiology: 2-8pm (30 minute break)

Saturday and Sunday will focus on the apparatus portion: 9am -6pm (1 hour lunch break)

The Anatomy and Physiology training will be incorporated into the mat training days.

Tuition

I acknowledge the Teacher Training Program will cost \$6500. A \$2000 non-refundable deposit is required to enroll into the program. The additional \$4500 can be paid in 6 installments of \$750 each (with a monthly processing fee of \$39). You may pay this in full before the training begins. Once the training starts you have six months to pay the remaining portion.

If you miss any of the dates for the training modules above, you will have to make it up at your own discretion. You are allowed to come observe subsequent modules at a later date for a fee of \$100 per day. It is your responsibility to make up any lost time not at your group's training modules.

Book your final assessment test out of the module(s) when you are ready. If you fail your 90 minute test, for each module, you will have to wait 4 weeks before taking it again, in which you will be charged a re-testing fee of \$150. So make sure you are ready to take your test before booking.

Prerequisites

20 Privates or comparable at Pilates Glow or another approved studio.

90 minute wellness session with Sarah. This session is \$175 which will be deducted from the cost of tuition. It includes a 60 minute private followed by 30 minutes of discussion on goals and commitment.

References

Please list two Pilates or Personal references.

Full

Name: _____

Relationship: _____

Company: _____

Phone: _____

Address: _____

Full

Name: _____

Relationship: _____

Company: _____

Phone: _____

Address: _____

Disclaimer and Signature

I certify that my answers are true and complete to the best of my knowledge.

If this application leads to my acceptance into the teacher training program, I understand that false or misleading information in my application or interview may result in my release.

Signature: _____ Date: _____



PILATESGLOW

For Office Use Only:

	Application#